



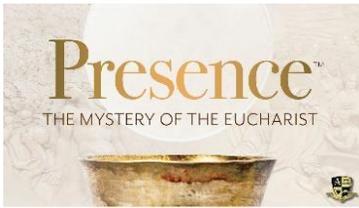
2023 - 2024
Origin Family Faith Formation
(Grades 6 - 7)

First Eucharist Preparation Pacing Guide

Type	Expected Completion Date	Activity/Action	Estimated Time	Prayer to Know
Parent Meeting	Jan. 30 or Feb. 6	Attend First Eucharist Parent Meeting	60 minutes	
Online Lesson	Week of Feb. 4 - Feb. 10	Eucharist Chapter 1: Liturgy: The Church's Public Prayer	20-25 minutes	Confiteor Prayer
Online Lesson	Week of Feb 11 - Feb. 17	Eucharist - Chapter 2: Worshipping God	20-25 minutes	Confiteor Prayer
Online Lesson	Week of Feb 18 - Feb. 24	Eucharist - Chapter 3: The Eucharist: The Heart of All Liturgy	20-25 minutes	Confiteor Prayer
Online Lesson	Week of Feb 25 - Mar. 2	Eucharist - Chapter 4: The Eucharist: The Introductory Rites	20-25 minutes	Confiteor Prayer
Online Lesson	Week of Mar. 3 - Mar. 9	Eucharist - Chapter 5: The Eucharist: The Liturgy of the Word	20-25 minutes	Invitation to Communion Response
Online Lesson	Week of Mar. 10 - Mar. 16	Eucharist - Chapter 6: The Eucharist: The Liturgy of the Eucharist	20-25 minutes	Invitation to Communion Response
Readiness Evaluation	Mar. 8 & Mar.15 4:00p - 7:00pm Mar. 9 - Mar. 16 9:00am - 7:00pm	Eucharist Learning Centers SAVE THE DATE - THIS EVENT IS MANDATORY	60 minutes	
Online Lesson	Week of Mar. 17 - Mar. 23	Eucharist - Chapter 7: The Eucharist: Communion and Sending Forth	20-25 minutes	Invitation to Communion Response
Online Lesson	Week of Mar. 24 - Mar. 30	Eucharist - Chapter 8: Being Christ for the World	20-25 minutes	Proper Procedures to Receive Holy Communion
Online Lesson	Week of Mar. 31 - Apr. 6	Eucharist - Chapter 9: Preparing Ourselves	20-25 minutes	Proper Procedures to Receive Holy Communion
Online Lesson	Week of Apr. 7 - Apr. 13	Eucharist - Chapter 10: The Lord's Prayer: A Prayer for All Time	20-25 minutes	Proper Procedures to Receive Holy Communion
Readiness Evaluation	Saturday, Apr. 20	First Eucharist Workshop in English SAVE THE DATE - THIS EVENT IS MANDATORY	9:00a - 10:30a in the Church	
Sacrament Celebration	May 4 at 9:00am & May 11 at 11:30am	First Eucharist Rehearsals & Masses May 4 @ 9:00am (Rehearsal May 2 @ 5:00pm) May 11 @ 11:30am (Rehearsal May 9 @ 7:00pm)		

IMPORTANT: An email to sign up for First Communion Masses will be sent on **March 18th** to those that have completed Sessions 1-5. Those that complete session 5 after this date will be sent a sign up link *the Friday after* completion.
Signing up for a First Communion Mass does not ensure that your child will be able to receive their First Communion.

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First Eucharist PARENT Preparation Pacing Guide

Expected Completion Date	Online Parent Video	Estimated Time
Mar. 3 - Mar. 9	Presence: Episode 1	35 minutes
Mar. 10 - Mar. 16	Presence: Episode 2	40 minutes
Mar. 17 - Mar. 23	Presence: Episode 3	34 minutes
Mar. 24 - Mar. 30	Presence: For Parents - Preparing your child for First Holy Communion	36 minutes

- ▶ **How to set up your free Formed.org account**
- ▶ From a computer or smart phone web browser (not the Formed app), visit <https://formed.org/signup> or scan QR code below.
- ▶ Find St Francis using our zip code 75033
- ▶ Create your account, adding your name and email.
- ▶ Check your email from FORMED (support@vhx.tv) with a link to complete account verification.

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